

SLUT SHAMING SUFFERED BY HANNAH BAKER IN JAY ASHER'S *THIRTEEN REASONS WHY*

Idha Nuraida Havina

English Literature, Faculty of Language and Arts, State University of Surabaya
indhahavina@mhs.unesa.ac.id

Drs. Much Koiri, M.Si

English Literature, Faculty of Language and Arts, State University of Surabaya
muchkoiri@unesa.ac.id

Abstrak

Slut shaming merupakan topik atau masalah umum yang menjadi bentuk lain dari intimidasi dan cenderung tidak diperhatikan oleh masyarakat. Sebagian besar hal tersebut dialami oleh gadis atau perempuan di sekolah menengah melalui aktivitas atau perilaku seksual. Penelitian ini mengeksplorasi kehadiran slut shaming di dalam sebuah karya sastra, *Thirteen Reasons Why* oleh Jay Asher. Novel ini ditinjau sebagai fiksi realistis yang membagikan masalah tentang slut shaming. Terdapat dua tujuan yang digambarkan dalam penelitian ini, diantaranya untuk mencari tahu bagaimana slut shaming dialami oleh Hannah Baker dan apa saja dampak dari slut shaming terhadap kehidupan Hannah di novel *Thirteen Reasons Why* oleh Jay Asher. Penelitian ini membahas tentang masalah slut shaming yang terjadi pada karakter utama dengan mengaplikasikan teori dari Jessica Ring Rose dan Emma Renold. Hasil penelitian yang pertama mengungkapkan bahwa Hannah Baker mengalami slut shaming dari teman-teman terdekatnya. Sebagai karakter utama, dia menceritakan keseluruhan kisahnya melalui tiga belas kaset dan terdapat beberapa orang dalam daftar khusus. Dengan di cap sebagai seorang pelacur serta memiliki rumor buruk menunjukkan bahwa dia mendapat perlakuan berbeda dari teman-teman sekolahnya. Kemudian, hasil penelitian kedua menemukan beberapa dampak psikologis dari slut shaming terhadap kehidupan Hannah Baker di dalam novel tersebut. Jadi, Hannah menunjukkan sebuah dampak besar yang membuat dia memiliki pikiran untuk bunuh diri.

Kata kunci : Slut shaming, Dampak psikologis, Sekolah Menengah Atas, *Tiga Belas Alasan Mengapa*

Abstract

Slut shaming is a common issue that becomes another form of bullying and tends to go unnoticed by the public. Partly, it is experienced by a girl or woman in high school through sexual behavior or activity. This study explores the presentation of slut shaming in the literary work, Jay Asher's *Thirteen Reasons Why*. The novel is reviewed as realistic fiction that shares slut shaming issue. Two objectives are illustrated here as, to find out how is slut shaming was experienced by Hannah Baker and what are the impacts of slut shaming toward Hannah's life in Jay Asher's *Thirteen Reasons Why*. It discusses the issue of slut shaming that happened to the main character by applying the theories of Jessica Ring rose and Emma Renold. The first results of this study reveal that Hannah Baker has experience slut shaming from her close friend. As the main character, she told the whole of her story through thirteen tapes and has some people on her special list. Being labeled as a slut and bad rumors show that she gets different treatment from her friends at school. The second result is about some psychological impacts of slut shaming toward Hannah Baker's life in the novel. Here, Hannah shows a huge impact until makes her thought of suicide.

Key words : Slut shaming, The psychological impacts, High School, *Thirteen Reasons Why*

BACKGROUND OF THE STUDY

In recent ways, bullying still often occurred especially those who are weaker or younger than bullies. The way of humiliating and harming people has a lot of types such as verbal, physical and cyberbullying (Psychology Today, 2019). Cyberbullying also has divided into some forms such as Slut-Shaming where people are targeted on social media. Mostly, girls are often mocking for their appearances, their dressed up and the way their level of sexual activity. According to Sherri Gordon's article, slut-shaming is the common type of sexual harassment toward students in middle and high school deal with (A study conducted by the American Association of University Women, 2019). Bullies could be boys or even mean girls who do their actions to the victim by sharing explicit photos or videos of the girls. They also might spread and comment on it until engaging in name-calling or sexual bullying.

According to activists, girls are somehow to blame or responsible for slut-shaming and worse yet, for being sexually bullied or assaulted. The idea that girls are responsible for the reaction of boys, or that boys are unable to control themselves, is a form of victim-blaming (Sherri Gordon, 2019). Based on a routine 'personal safety' visit at Osgoode Law School at York University in Toronto has offered by a Canadian Police Officer about the causing of high rate in sexual criminals are girls often dressing like a slut to be victimized (Michael Sanguinetti, 2011). Slut-shaming brings some issues especially toward girls as the victim. The first issue has occurred toward blogger Nice Girl reported the incident of Geek feminist harassment at OSCON that she got criticized for their attire too sexily (Geek Feminism, 2012). Automatically, the issue has contributed to a sexualized environment and related to another case.

Amanda Todd and Audrie Pott were only 15 at the time of their suicides, while Rehtaeh Parsons was just 17. Each of these teens was sexually assaulted; unlike their male attackers, these girls faced unbearable slut-shaming from peers and strangers, including harassment on social media. These girls had yet to finish high school. But even for those who make it to college, the risk of sexual assault continues. (Huffington Post, 2013)

According to Jo Reger (2015) stated that people focus only on a girl or woman because men and boys are never experiencing slut. Furthermore, slut shaming can be considered as a part of bullying, which is the victim who has brought the bullying on themselves from the others. These victims have no right when they are becoming the targets of slut shaming. Yet, people still regard as they are expressly seeking attention and know well for portraying themselves. There is a comment posted on a website that linked with a slutwalk (a march protesting sexual violence):. It is when a girl dresses in a sexual way and

also designing for sexual interest and men claim them as a victim who almost looks like childish and stupidity.

In the novel, the main character, Hannah Baker did not even say any single words related to the tapes she made. She just sent the tapes as the media used to show her death. After she died, Clay Jensen as her classmates (a man who loves her), had to receive the tapes and listened up Hannah's voice. Through all the tapes, describe Clay as a mediator into Hannah's life and the reason her sorrow that ended in her suicide. Asher also let the readers find out about Hannah's pain and the truth about her classmates and herself by Clay's witness. Furthermore, the reason why the researcher chooses this novel and the authors is that the format idea of the books is quite different and unique.

Asher uses some audio tapes with 13 stories inside told us about what's going on behind Hannah was committing suicide. It was caused while he was doing a self-guided tour at the museum where the visitors had received the audiotapes to explain the display which would be played. As the readers know, it relates to the novel while Hannah Baker recorded her voice used audiotapes and some cassettes which are borrowed by Tony. By using the cassette tapes would make the characters feel more acknowledgment of the story of the book in the modern era. (Motoko Rich, 2009)

A new novelist who starts writing a whole life of teens (such as friendship, romances, dream-fantasy, high school life) as a topic like Jay Asher, an American born with three publications in the young adult literature genres. Asher used to interesting in music and writing when he was younger. Besides, he made invention into several picture books and school humor novels which motivated him to write until now. Asher got the point of his story from his close relative was experience the same case as Hannah did, then she almost attempted suicide but it hasn't happened. Luckily, she was still survived and Asher is talking with her to bringing up the real events into the novel. This novel also takes true events especially the setting of the story in his high school, San Luis Obispo High. (Good reads, 2019)

In 1993, he studied at San Luis Obispo High School and graduated from Cuesta Community College and Cal Poly San Luis Obispo. Asher has even left his jobs as an elementary school teacher at Cal Poly San Luis Obispo College to striving for his dream as a novel writer. As he wants to begin his career, Asher had to work as a clerk in a shoe store, manning the desk at his local library and worked in various bookstores too. It could add his income for achieving his dream career. (Book Series In order)

Thirteen Reasons Why published in 2007 by Razor bill, division of the known Penguin Books. It has proposed the plot story to the readers which showed two points of view to give different sensations between a woman who died and her classmates who also fond of her. By the

background of senior high school life specifically in Liberty High School. It is being one of the settings on the story where hidden events (such as bullying, fight, sex or drugs) always turn up and make some student become a victim. It begins with Hannah Baker, a woman who committing suicide and then sent several cassettes especially to Clay Jensen in a shoebox after he arrived at home. He was so wondering why Hannah make those cassettes and try finding out what him in her list or not. An overnight, he traces and still listening about the audiotapes one by one. Thirteen cassettes recorded by Hannah Baker consist of 13 specific people which is also listen and understand why she took her own life (The New York Times, 2009)

Moreover, this novel might be reached the first number on the New York Times Best Seller list in July 2011 as the paperback edition and has won "Quick Picks for Reluctant Young Adult Readers" in 2008. Furthermore, *Thirteen Reasons Why* published in 2007 by Razor bill, division of the known Penguin Books. Also, it had received five stars from Teen Book Review and has won the other several awards. They are Best Books for Young Adults and including a Young Adults' Choice Award from the 2009 International Reading Association Awards as well as the 2008 California Book Award winner in the Young Adult Category. In 2010, this novel has an award from South Carolina Young Adult Book Award Winner and Abraham Lincoln Award winner in 2013.

Also, it has sold 2.5 million copies in the United States and spent over sixty weeks on the list in hardcover, e-book, and audiobook formats. In 2011, *Thirteen Reasons Why* has followed by his second novel *The Future of Us* which added more awards to Asher's tally including Best Books for Young Adults (YALSA), a starred review in Publishers Weekly, Barnes and Noble's Best Books of 2011 and a Readers Choice Award at the MTV Hollywood Crush. *The Future of Us* told the reader about the story of teenagers Josh and Emma as the main characters. It's 1996, and less than half of all American high school students have ever used the internet. The two teens have just got online thanks to AOL and CD-ROM, but upon entering the World Wide Web; they find themselves on Facebook fifteen years into the future. It makes everybody wonders what their destiny will be. Josh and Emma are about to find out because they get a glimpse at what their future lives are like through pictures, status updates, and friends which ultimately leads them to try to control their life outcome. The last of Young Adult novels are *What Light* published in 2016 by Razor bill. The main story of the novel is about a love story that's moving and life-affirming between Sierra and Caleb.

Thirteen Reasons Why regarded as an amazing storyline. It has reviewed as a novel that brings important discussion from multiple minds especially the parents or the children. There is a television series of *Thirteen Reasons Why* which is adapted from the original book and has been released by Netflix on March 31, 2017. It is so emotional, suspenseful, mysterious, and might be inspiring for the readers. There are some claims of this

novel from various reviewers as follows; "A stealthy hit with staying power . . . thrillerlike pacing." New York Times (2009) "Every once in a while you come across a book that you can't get out of your mind, one you have to rush back to if you must put it down for some reason. Jay Asher's *Thirteen Reasons Why* is one of those books, and is at the very top of my personal Must Read list." Ellen Hopkins, bestselling author of *Tricks*, *Identical*, *Crank*, *Burned*, *Impulse*, and *Glass* (2007)

It begins with Justin Foley's cassette, Jessica Davis, Alex Standall, Marcus Cooley, Tyler Down, Courtney Crimson, Jenny Kurtz, Clay Jensen, Zach Dempsey, Ryan until the last is Mr. Potter's cassette, Hannah's counselor guidance teacher. Through two dual narratives, Clay Jensen and Hannah Baker may to bring out the story and get influenced by each other through Hannah's voice. Accompanied by Tony, who lends his audiotapes to Hannah, where Clay fell into the multiple different both gestures and sensations. Hence, he still heard everything inside the cassette until the end especially to show the truth. On the last parts of the cassette, Clay listens and going to end it up all at once at Monet Café. He is not supposed to meet Skye Miller, his old friend and she knows Hannah well. (*Thirteen Reasons Why*, 2007)

Three previous studies take in this thesis; two academic studies and one academic international research. The first and second previous studies used Jay Asher's *Thirteen Reasons Why* with bringing up the main issue of the novel which is applied in their thesis. The first thesis titled *The Portrayal of Hannah's Struggle in Facing Bullying in Jay Asher's Thirteen Reasons Why* a New Criticism Study by Wuri Retno Martani (2017). This study discussed the events causing the failure of Hannah's life to confront her adolescence and until she decided to end her life by suicidal actions. The writer of its previous study used New Criticism Approach with a focus on the theme by characterization, plot, and point of view as the supporting of the theme.

The second study titled *A Critical Discourse Analysis of Student's Bullying Found in Thirteen Reasons Why Novel Written by Jay Asher and The Implication in Teaching* by Nurlitasari (2018). She analyzes the study used a qualitative method by providing the percentage and level of bullying. By collecting the data, then it would be qualified to get two results. The first is what level of bullying has the most dominance. The second one is the meaning of bullying found in the novel. The third study is academic research international by Tazanfal Tehseem and Ifrah Ali (2015). It was entitled *The Structural Analysis of 'Thirteen*

Reasons Why A Novel by Jay Asher. In their research, to know about what message the writer wants to convey to the readers using a certain word or structure.

The difference between the study above and this study are both of the topic and the approach. The studies above using bullying and writing structures with some theory and approach. The same is all of them using Jay Asher's *Thirteen Reasons Why* in analyzing both of the thesis and the research. Hence, the writer discusses slut shaming in Jay Asher's *Thirteen Reasons Why* to give more information about why Hannah Baker's character does her things such as telling her story through by the audio. Afterward, this study will relate to psychological study, gender and slut shaming. Overall, those concepts and theories would be elaborated thoroughly in the next chapter.

SLUT SHAMING

A. Shame

Before starting the main theory, the researcher will explain about shame. When people are shamed in a conscious way, moral emotions—such as embarrassment, shame, pride, and guilt—are likely to ensue. These emotions function as “an emotional moral barometer” giving us feedback on our social and moral acceptability (Tangney, Stuewig, & Hafez, 2011). This emotion also is a role model for determining someone's moral especially when it is confronted with moral itself and achievement. Emotion can be well-growth only if youth people might give a right direction to guide their children. In other words, shame can also be described as an unpleasant self-conscious emotion on the self or the individual (Damanik, 2018)

According to (Shein, L 2018), shame is a basic emotion that drives people to hide or deny their fault. Therefore, this emotion has so many diverse among the culture. For instance, in Japanese and China which is by showing their personal success may increase the feeling of shame and being introvert (Berk, 2012). Based on the psychology of emotions, shame is a self-punishing acknowledgment of something gone wrong (2017). As people commit the offense in the cultural standards given to other people can cause incredible shame.

Shame is typically the more painful, disruptive emotion because the self, not simply one's behavior, is the object of judgment. When people feel shame about the self, they feel 'small', worthless, and powerless. Shamed people also feel exposed. (Tangney et al., 2011)

B. Shame and Guilt

In Gunnar's research paper, shame has been compared with guilt in psychological study. A “sense of shame” is the feeling known as guilt. It is the causal of self-punishing toward the thing that we have done. The distinction between shame and guilt, in contrast, is an important one both theoretically and practically (Tangney et al., 2011). There are two basics to distinguish both of them based on the types of emotion and the public vs. private nature of the emotion.

The first basic is guilt can be related into moral violations, meanwhile shame appeared by a broader gap of situations into moral and non-moral failures (Karlsson and Sjöberg, 2016), but most types of events (e.g. lying, cheating, stealing, etc.) are cited by some as appearing shame and by others as eliciting guilt. Thus, shame and guilt might not distinguish based on the type of event only.

From the second basic, shame is the more ‘public’ emotion arising from exposure to disapproving others, whereas guilt is the more ‘private’ experience represented by internally-generated pangs of conscience. It turns out that people feel more exposed, more scrutinized by others when experiencing shame than guilt (Karlsson and Sjöberg, 2016). However, the actual structure of the emotion-eliciting situation for shame and guilt is remarkably similar (Karlsson and Sjöberg, 2016). Most types of events that elicit shame and guilt are public, which is other people are aware of the emotion-appearing failure or violations, and the frequency with which others are aware of the respondents' behavior does not vary as a function of shame or guilt (Karlsson and Sjöberg, 2016)

C. Slut Shaming

Woolfson (2004), the emergence of sibling Rivalry Although many feminists argue that the solution to slut shaming is simply to stop using the term “slut,” more sophisticated analyses go beyond the rhetoric of individual words and call for the transformation of underlying cultural narratives that link a woman's morality with her sexual behavior (Mills, 2008). Feminist has thought if the term “slut” refers to a woman's sexual behavior and moral.

Slut shaming is defined as an action of maligning girls and women for alleged sexual behavior which is common among high school students or young Americans. (Armstrong et al., 2014). To figure it out, (Armstrong et al., 2014) argued that Urban Dictionary has made reference to the following words such as prostitute, bitch, slut to whore, skank, or slug. High school as the place where the incident of slut-shaming often exists and the agent comes from a boy or even mean girls. They who maligned the victim always see from the appearance of women and girls and be underestimate their sexual lives. High school slut shaming as a specifically gendered form of bullying has received increased attention in the new millennium, both in academic research and in public conversations. (Mills, 2008)

Women's participation in slut shaming is often viewed as evidence of internalized oppression (Ringrose & Renold, 2014). Women as a weak creature and treated like a slave, they often get unfair things such one as one kind of bullying. It is slut shaming as one of cyberbullying forms toward women or girls than men until it has included the slavery way.

Slut shaming also defined as sexual inequality and reinforces male dominance and female subordination. Women's participation works at cross-purposes with progress toward gender equality (Armstrong et al., 2014).

Women's emancipation always exists until today where females have still struggled for their gender equality. Yet, slut-shaming showed that the standard of a female has lower than male, especially about their sexuality. Female adolescents and women might not randomly to express their sexual availability. Because if people ignored their sexual behavior or the way of their intention to express themselves, slut shaming still risk for them (Reger, 2015).

D. The Impact of Slut Shaming

According to (Ringrose & Renold, 2014) slut shaming as evidence of women's oppression. It allows people to be maligning to others, particularly women who feel self-conscious and to be labeled about themselves. Women certain get serious psychological impacts on them and it can be caused by the way of slut shaming due to sexist views (Konjaev, 2016). In addition to this, psychological impacts also created by the double standard or known as frustrating when facing slut shaming. The impacts of slut shaming often are occurred towards a student that makes their ability become more difficult to concentrate and succeed in a classroom or the class' outside.

According to the report of Huffington Post (2014), there are so many young girls who were experienced one of the impacts of slut shaming. These include Amanda Todd, Jesse Logan, Hope Witsell, Audrie Pott, and the others. The big impact of this harassing behavior is committed to suicide and most of them at underage have done already. Amanda Todd and Audrie Pott have to face slut-shaming from strangers and their peers, and also include harassment on social media. Indeed, both of them had to finish high school yet (Gordon, 2019) Whereas, Hope Witsell and Jesse Logan has some cases on social media, which is they accidentally shared their sexual photos to her boyfriend. Both of them also face slut shaming not only her boyfriend but the other students also. It makes their parents were against their school and reported to the law. (Eleftheria & Aphroditi, 2014)

Unfortunately, each girl was sexually shamed in some way, and in some cases for things they did not even do, leaving them feeling like suicide was their only option for escape from the constant torment. There are at least four impacts of slut shaming, as follows:

a. Women's depression

Recently, slut shaming is very common in schools these days. Slut-shaming can affect a student to a great extent in many ways (Pathak, 2018). Once a student gets slut shaming from people so their thoughts will feel worried about the opinions of others and be self-conscious about their actions.

By linking one of the impacts of slut shaming, Dr. Avni Tiwai, Psychologist says, "It is often very frustrating for a girl to deal with the double standard. She feels depressed and suspicious that everyone is

talking about her. In a way, a girl loses self-confidence and feels worthless. "She adds, "Apart from this, girls are left with the feeling of shame, embarrassment, deep humiliation and an unbearable pain which affects them mentally and physically (Pathak, 2018).

b. Lower self-worth

People who were shamed for something like sexual reputation can have long-term psychological effects. For instance, a 2004 study about shame found that encountering feeling of "low social standing" increased people's cortisol levels and their sensations of low self-worth, as humans are social animals who receive a great deal of their information about themselves from others. The reflected implications of slut-shaming that the person experiencing it is of low worth and unwanted can create huge damage to lasting self-esteem levels, and that sort of problem can extend throughout life (Thorpe, 2017).

Shaming around specific things like clothing can also create social anxiety in the future, as women police themselves to attempt to avoid the punishment of further shaming, and worry themselves into knots about the volatility of other peoples' judgements. People who encountered damaging slut-shaming likely have a significantly higher risk of developing social anxiety than the general population (Thorpe, 2017).

c. Blame their selves

According to activists, this is a dangerous line of thinking. This implies that girls are somehow to blame or responsible for slut-shaming and worse for being sexually bullied or assaulted. The idea that girls are responsible for the reaction of boys, or that boys are unable to control themselves, is a form of victim-blaming (Gordon, 2019).

While we can apply some general research about how people experience shame to the specific problem of slut-shaming, we hit a wall because most shame-related research focuses on people who have actually done something wrong. One study, however, found that there's a distinct difference between people who feel ashamed and believe they've done something wrong, and those who feel shamed but blame others. In the case of the criminals in the study, those who believed they'd done wrong didn't offend again, while those who thought others were to blame did. In other words, people who felt personally and truly ashamed changed their behavior; those

who didn't kept doing the same stuff (Thorpe, 2017) .

d. Suicide risk

Suicide is a sense of hopelessness and being done with life (Tongco, 2016). According to a 2014 report by the World Health Organization, suicide is the number one cause of death for adolescent girls ages 15 to 19. In addition to that research, 2013 UK study discovered that childhood bullying directly increases the risk of self-harm in adolescence. Professor Dieter Wolke of the University of Warwick explained:

"It is further evidence for doing away with the myth that bullying at a young age can be viewed as a harmless rite of passage. I'd like to see clinicians routinely asking children about bullying – from name calling to more physical acts of abuse. The importance of this early intervention should not be understated. If we were able to eliminate bullying, while other exposures remained constant, there would be a potential to prevent 20% of all self-harm cases."

By seeing explanation above, slut shaming is a form of cyber bullying and it promotes the double standards or called as frustration in school these days. It's also dangerous things until bring serious psychological impacts especially on the younger generation of girls. Moreover, the victim feels one little risk from feel worried too much until have thoughts of suicide. (Konjaev, 2016)

METHOD

In writing this study, the researcher employs the descriptive qualitative research. Descriptive qualitative is a type of research which result the descriptive data in the form of observation people or behavior.

Data and Data Source

The source of data is mainly the novel of Jay Asher *Thirteen Reasons Why*. It is published by Razorbill, PENGUIN Books in 2007 as Jay Asher's first novel between the other two novels. The data are in the form of direct or indirect quotation which inclining aspects of motive and psychological which is told by the characters.

Data Collection

The data collected will be using a descriptive qualitative method and not served in numbering or tables. The data of this study presented in the form of sentences represented through statements, paraphrase, or quotations.

Procedure of Data Analysis

, There are some steps of how the data is analyzed from the *Thirteen Reasons Why* novel described as follows: first, close reading is done for the novel. This step aims to conceive what occurs in the novel and find the necessary data. Then, doing note taking from some points or structure of events inside the novel as the following action of the close reading. This stage aims to take several points needed to be revealed. Based on research questions, the data taken from note will uncover some cases needed to do data arrangement.

Next, arranging the data. In this step, the collected data from note taking will be organized and classified appropriate with research questions. Then, analyzing and describing Hannah Baker's slut shaming and its impact which is stated from the quotations or statements by using Jessica Ring rose theory to be applied to the data. Last, drawing the conclusion based on the analysis which is related to the problems.

ANALYSIS

This chapter analyzes how slut shaming and its impact revealed in Jay Asher's *Thirteen Reasons Why*. The analyzing only focus into two points. The first is revealing slut shaming toward Hannah Baker through by her voice in the audiotapes and the second is explaining the impact of slut shaming based on the novel. It will be applied through gender and slut shaming theory by Rose (2012) and Armstrong (2014) to dig the deeper understanding about the problem of study. So that, the study will elaborate all points clearly as follows.

1. Slut Shaming on Hannah Baker in Jay Asher's *Thirteen Reasons Why*

Based on the explanation on the previous chapter about slut shaming and the impacts of it for the young generation of girls, as a forms of bullying that linked to sexist views and sexual behavior which is girls as the victim-blaming. In line to the limitation of the study, this chapter will attempt to analyze how slut shaming on the main characters of Jay Asher's *Thirteen Reasons Why* is Hannah Baker. To dig the deeper understanding in slut shaming based on Hannah's audiotapes in Jay Asher's *Thirteen Reasons Why*.

In the novel entitled *Thirteen Reasons Why*, the main character Hannah Baker has a lot of problems while she still alive such one as slut shaming. Hannah Baker, a girl who commit to suicide after get a lot of problems from her best friend until people around her school. By sending seven audio tapes and thirteen different story to Clay Jensen as one of her classmates friend. Clay has to listen the tapes until he know the reason of Hannah's death. As according to Jessica Ringrose (2012) women's participation in slut shaming is often viewed as the real evidence of depression. Hannah showed her feeling and emotion through record her voice and using the cassette tapes. There is no one will listen what she experienced of her depression.

It has started with a prebule word by Hannah Baker's voice on the tapes,

I know what you're all thinking. Hannah Baker is a slut. Oops. Did you catch that? I said, "Hannah Baker is." Can't say that anymore. Hannah Baker is not, and never was, a slut. Which begs the question, what have you heard? (Asher, 2007, p.23)

The data above illustrates that Hannah has the term "slut" by people's interest about her image but she perceived not comfortable with that. Armstrong (2014) argued that Urban Dictionary has made reference to the following words such as prostitute, bitch, slut to whore, skank, or slug. That's not the beginning of slut shaming were undergone by Hannah Baker because there are at least two or more incidents from her friend in the audiotapes' list.

The content of the audio tapes with two parts in each side. It has one side A and B, two side A and B, and until thirteen stories then. The first tapes told about Justin Foley as her first kiss while Hannah still becomes new student in the freshman year. Justin Foley as Hannah's boyfriend who becomes the first person for making Hannah experiences slut shaming. It begins with a rumor about their kissing on a first date and makes Hannah getting worst (Asher, 2007, p.31). Kissing as the first forms of sexual behavior and also being the hot rumor for Hannah. Rumor might has the meaning of bad or good impact to the other person but it depends on how public spread in their society by their own way.

Slut shaming also defined as sexual inequality and reinforces male dominance and female subordination. (Ringrose & Renold, 2014) . Her story on the tapes lead to another story and one of the false rumor is when she knew about the list between best or bad of women's body.

Sure, I am pressuring you with that second set of tapes, but who cares if people around town know what you think of my ass, right? (Asher, 2007, p.37)

The second tapes as the other slut shaming from Alex Standall's story and in here Hannah Baker sending a tapes for him as consequences of his foolish list. It makes their friendship getting worse and Hannah has blamed by Jessica Davis as bad ones in Alex's list. She made those tapes in order to people on her list can understand that from one problems could affect everything especially herself. She liked to Alex feel guilty of his mistake and change people's view toward Alex Standall.

Next statement which also support above is when Clay display Hannah's gesture in this tapes. In Clay's view when he listened about "Her voice is angry. Almost trembling." (Asher, 2007, p.23) asserted as if Hannah Baker always get one by one slut shaming that never been over as she lived. She seems like hold her matters in private because didn't trust anyone else or even feel not free to share directly.

On the tapes, Hannah Baker record her story from one person be related to each other. Starting from her first kiss story until the sweetest friendship that ever she has but sadly it changes her life with full of sorrow. She didn't

know what people think after hearing her tapes because they can denial it. When we hear or see about a serious problem from someone, so it can be believed or not things.

Although many feminists argue that the solution to slut shaming is simply to stop using the term "slut," more sophisticated analyses go beyond the rhetoric of individual words and call for the transformation of underlying cultural narratives that link a woman's morality with her sexual behavior (Mills, 2008). Feminist has thought if the term "slut" refers to woman's sexual behavior and moral. She honestly almost getting tired with her life especially when she get the first gossip and make a bad reputation on her attitude. Wherever girls going to go or how she dress up, which is public always the different views and involve in their sexual behavior. "Hannah understand about what her friend said and heard a whole of the rumors into herself everywhere (Asher, 2007, p.211) It is what Hannah feels on people around her at school. She tried to explain a wish to live calmly but really different with she practiced. Through her voice in audiotapes, she also pour down her feelings partly to Clay. Once again, Hannah still can't believe what she were undergone from her ex-boyfriend and even best friend.

As according to Jessica ring rose (2012), slut is an explicit meaning and bring the risk insult in the school context. Next, slut shaming were undergone by Hannah Baker comes from Marcus and Tyler.

I feel sorry for you, Tyler. I do. Everyone else on these tapes, so far, must feel a little relieved. They came off as liars or jerks or insecure people lashing out at others. But your story, Tyler . . . it's kind of creepy. (Asher, 2007, p.75)

The first one is Tyler Down as the photographer for Liberty High School and feels addicted with Hannah. He recently being her stalker and capture a lot of her posed as his favorite object with an excuse for yearbook. (Asher, 2007, p.77). There is no one who want to get worse attitude and being followed by someone silently. His bad attitude makes Hannah being in the injurious way. In Tyler's tape, Hannah has slut shaming from Tyler Down because she was taken nude picture from her

So how important is your security, Tyler? What about your privacy? Maybe it's not as important to you as it was for me, but that's not for you to decide. (Asher, 2007, p.89)

She declare Tyler's story with asked him how was important his privacy life even at his own home. It also makes Tyler be aware on his environment especially Hannah's listener. "Hannah tried to break the dirty behavior of Tyler Down did as the student high-photographer toward another students" (Asher, 2007, p.78).

And that's why you're on this tape, Marcus. You turned around just in case. Just in case I, Hannah Baker—Miss Reputation—was waiting for you. (Asher, 2007, p.140)

The second act is in the third tapes side B comes from Marcus Cooley who also know about bad reputation of Hannah Baker so it makes she infuriated at his insolence. Marcus Cooley is someone who being chosen

as a candidate for the head of the Liberty high school organization. When someone has heard about the rumor that bad or good, it can emerge some rumors keep ongoing. Even, make someone who get rumor accept the way of treatment unfairly. The meeting between Hannah and Marcus caused by list of Valentine Day's survey and having a date in Rosie's café.

"Just called me a tease, loud enough for everyone to hear, and walked out. Then have someone use that insecurity to satisfy their own twisted curiosity." (Asher, 2007, p.144)

Slut-shaming also about the idea of assaulting a girl for being sexual, know more or act on sexual feelings with the strangers or closer partner (Wendy, 2016). The word "a tease" showing a bit forms of slut shaming toward Hannah Baker in Rosie's café. It appears after Marcus underestimate her with touching her body and leave out her alone. Also, the word "to satisfy" means Marcus feel curious with Hannah's label as a slut and to take advantage of her body as one of the sexual behavior.

2. The Impact of Slut Shaming in Hannah Baker's character

Women certain get the serious psychological impacts on them and it can be caused by the way of slut shaming due to sexist views (Alexandra Konjaev, 2016). In addition to this, psychological impacts also created by the double standard or known as frustrating when facing slut shaming. Hannah has some psychological impacts before she commits to suicide and it bring a bad risk for her life. They are as follows;

1. Women's depression

By linking about one of the impact of slut shaming, Dr Avni Tiwai, Psychologist says, "It is often very frustrating for a girl to deal with the double standard. She feels depressed and suspicious that everyone is talking about her. (Harshita Pathak, 2018)

"To me, I suppose, these tapes are a form of poetic therapy." (Asher, 2007, p.177).

And when I say my final words . . . well, probably not my final words, but the last words on these tapes . . . it's going to be one tight, well-connected, emotional ball of words. (Asher, 2007, p.178)

The first quotation stated that Ryan Shaver help Hannah to improve her writing and give more love into the poetry. In the novel, Clay also clarify if Hannah's tapes are the other forms like her poetry which is she can explore her emotions. He makes bit mistake with Hannah and give the same impact like what Courtney did to her. Hannah write a poetry about herself and Ryan as her partner in poetry course have to spread it off in his own school magazine. Until Hannah Baker has reached her frustrated and thinks that all of her voice in audiotapes be considered as the closing word.

2. Lower self-worth

As according to JR Thorpe (2017), when people who being shamed for their sexual rumor, it can have

long term psychological impacts like low worth and unwanted. Therefore, it will risk to their lasting self-esteem and can lead to the negative choice from the real meaning of slut shaming.

Back to Marcus' tapes where Zach also be in the same tapes even for a while. After a forms of sexual behavior from Marcus to Hannah at Rosie, there is one guy who try to calm Hannah. His name is Zach Dempsey, the football players like Justin Foley. In Ryan's tapes, Hannah said one of her therapy is a poetry and adding one to Zach's tape is an important notes about herself.

My world was collapsing. I needed those notes. I needed any hope those notes might have offered. And you? You took that hope away. You decided I didn't deserve to have it. (Asher, 2007, p.165).

At those moment, Hannah need her own notes until she trapped Zach in order get the reasons why he stole it. For Hannah, those paper is really worth it until she has to lower herself into Zach's action. In their classes, Hannah's notes being one topic that being discussed for everyone there and Zach still keep silent about that.

Or maybe I wanted someone to point a finger at me and say, "Hannah. Are you thinking about killing yourself? Please don't do that, Hannah. Please?" (Asher, 2007, p.173)

After all, Hannah has unwanted feeling in the world and start to think about the negative idea for her survival. By seeing from the sentence "are you thinking about killing yourself? Please, don't do that" (Asher, p. 173) means she really want her classmate understand what happens toward her life as a "slut" rumor. Those notes only for maintaining her lasting self-esteem before Zach truly break all of its content.

3. Blame their selves

According to activists, this is a dangerous line of thinking. This implies that girls are somehow to blame or responsible for slut-shaming and worse for being sexually bullied or assaulted. The idea that girls are responsible for the reaction of boys, or that boys are unable to control themselves, is a form of victim-blaming (Gordon, 2019).

"I accepted any blame she wanted to put on me for the two of them breaking up." (Asher, 2007, p.67) And finally, I discovered I was sick of this town and everything in it (Asher, 2007, p.118).

From two quotations above, Hannah feel herself as a victim-blaming of the bad rumors has been spread it out by her friend. The first one are comes from Jessica-Alex and another one, Marcus- Tyler. It makes Hannah almost giving up for everything happens as if slut shaming as her fault and hard to handle it.

4. Suicide risk

According to Tricia (2016) suicide is a sense of hopelessness and being done with life.

Next one with put Bryce's part in cassette six side B. In this tapes, she almost reach the final defense.

Before that party, I'd thought about giving up so many times. Because every time something bad happened, I thought about it. I thought about suicide. (Asher, 2007, p.253-254)

The word "suicide" showed Hannah gives clue about the step reach to her death. It is a disgusting word with many ways to do especially for Hannah who had already thinks twice before decide to over with herself. Hannah also added in her record if she hope that might be dying sooner (Asher, 2007, p.254). Slut shaming was experienced by Hannah only comes from people on the list (her friend at school) and record her voice about how she is very forgiving on people's fault. (Asher, 2007, p.261). However, she need her friend or people on her list still stayed with her on the cassette. Hannah wants to keep them still listening until the end of tapes.

On the last tapes, about cassette 7 side A where Hannah sending for the last person. He is Mr. Porter as her counselor guidance at Liberty School. Hannah comes to Mr. Porter's office looking for the last supporting before she ends his life (Asher, 2007, p.269). As we know that student always need her counselor teacher to solve their problems and hoping for more solutions or chances.

"I don't know where to begin. I mean, I kind of do. But there's so much and I don't know how to sum it all up." Said Hannah to Mr. Porter
"You don't need to sum it all up. Why don't we begin with how you're feeling today." Replied Mr. Porter (Asher, 2007, p.270)

The data above is in Mr. Porter's tapes, Hannah record her conversation with Mr. Porter and she expected to get new options for ending her world. Besides that, she thinks that to avoid her pain with tell about her problems to Mr. Porter until decided to do her own option. Mr. Porter didn't moved from his place and ignoring Hannah Baker until she leaves his room (Asher, 2007, p.279) Hence, Hannah feel sad and bit satisfied after tell her problems even Mr. Porter did not give the right answer as Hannah expected.

A lot of you cared, just not enough. And that . . . that is what I needed to find out. And I'm sorry. (Asher, 2007, p.280)

At least, Hannah had been reached to the top of mountain and there is no other choice between she has to jump out or fighting herself alone. The last thing that she take is jump out from the mountain and the word "sorry" showed as the last voice on her record and like say good-bye to people on the list. Hannah thinks her friend not only cared about her condition but also try to understand her emotions and pulled her from the dark place (all of her problems). By hearing entire of Hannah's tapes means that her listener can conclude how Hannah feels about her sufferings since she lived. Until she decided to sending her story which is wrapped into a bunch of cassette.

CONCLUSION

After analyzing the novel, this study shows that slut-shaming is experienced by Hannah Baker. In the first conclusion taken from the previous chapter, it can be seen that Hannah Baker has experience slut-shaming from her friends especially people on the list of her audiotapes. Hannah Baker, a dead girl who has hidden story before she commits to suicide and end her life with eating pills. Exactly, she has slut shaming before sending her thirteen-story side about her life, her school, and her fake friend. It has begun with the main role who his cassette coming up first, his name is Justin Foley, a first kiss and boyfriend of Hannah Baker. The first reason is when Justin makes a rumor about kissing act with Hannah and it spread it up quickly. It gives a lot of impact for Hannah continuing on Alex Standall's action, her best friend who made a stupid list based on rumors. Hence, Alex's stupid list as the second slut shaming toward Hannah Baker and Jessica Davis, her best friend. Hannah also perceived that she was being labeled "slut" from some people at Liberty high school. Although, it is not only bearing down her at school but also in the social environment like at her own house or Rosie's café. Afterward, Hannah Baker has accepted slut shaming again from Tyler Down and Marcus Cooley. They are doing the bad thing for Hannah include her private life until her own body. Tyler secretly takes some pictures of her especially the naked one. Meanwhile, Marcus wants to prove the truth of Hannah's rumor with doing the sexual behavior into Hannah's body.

The second conclusion, a lot of psychological impacts were faced by Hannah Baker's character in the novel. The first one is women's depression, Hannah considers her poetry which is in Ryan's tapes as the best therapy of her double standard. Then, in Hannah's voice, she clarifies that what she records on the audiotapes will be the closing part of her emotions. Next, the other impacts of slut shaming toward Hannah Baker such as lower self-worth, blames herself and suicide risk. It aimed to herself, Zach Dempsey and Mr. Porter that have spread into three different tapes. After slut shaming was undergone by Hannah Baker, she was given up and only blame herself. Whereas, in Zach's tape, Hannah reveals the bad intention of Zach for solving Hannah's problem. Yet, Zach steals her private note which is one of the encouragement expressions of Hannah Baker to lower her self-esteem. It is different from Mr. Porter's tape where Hannah showed about the conversation between her and Mr. Porter. She needs to telling her problems to Mr. Porter and hoping that he can help more. Unfortunately, it doesn't work and Hannah hopes the tapes about him making him understand at that moment. As the last impact, Hannah has nothing to do and commits suicide before she accepts the other slut shaming from her friend at school. Hannah doesn't want to do that but the longer she survives, the more she will receive the other psychological impacts.

Suggestion

Jay Asher's *Thirteen Reasons Why* as a very spectacular literary work and the storyline has amazing with a lot of moral values. The researcher has chosen slut shaming topic which focuses only on the main character,

Hannah Baker. The analysis of slut shaming in Jay Asher's *Thirteen Reasons Why* discusses the experience of slut shaming by Hannah Baker and the impact of slut shaming

However, this study may have some limitations to the discussion. Therefore, for further and deeper analysis of the novel, the researcher suggests analyzing the motivation of killing herself or the psychogenic pain of Hannah Baker's mental health. The study is rarely to be found in the literary research that discusses those things, so this research will give some contribution in helping other researchers to study and analyze both topics are in the novel. The researcher hopes that this study can be useful to the reader as a comparison of the other research.

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