

ANA'S SUBMISSIVE BEHAVIOR IN E. L JAMES' FIFTY SHADES OF GRAY

Didik Ardianto

English Literature, Faculty of Language and Arts, Universitas Negeri Surabaya, didikardianto@mhs.unesa.ac.id

Ali Mustofa

English Literature, Faculty of Language and Arts, Universitas Negeri Surabaya, alimustofa@unesa.ac.id

Abstrak

Submisif adalah perilaku pasif yang merupakan kebalikan dari dominasi. Dalam BDSM (singkatan dari; bondage, domination/discipline, submission/sadism and, masochism), submisif dapat diartikan sebagai ketundukan terhadap perilaku sadisme dalam aktivitas seksual yang ditampilkan oleh pasangan yang lebih dominan. Perilaku tunduk juga tergambar dalam novel karya E. L James berjudul *Fifty Shades Of Grey*. Menggunakan teori cinta Jacques Lacan, penelitian ini akan mengungkap alasan di balik perilaku tunduk Ana apakah dia melakukannya karena cinta atau karena dimanipulasi. Jadi, dengan bantuan perspektif BDSM, penelitian ini juga akan menunjukkan gambaran perilaku tunduk Ana. Pengenalan singkat penelitian ini berkaitan dengan bagaimana karakter yang bernama Ana dalam *Fifty Shades of Grey* karya E. L James digambarkan sebagai wanita penurut yang rela mengalami seksuadsadisme yang dilakukan oleh Christian sebagai pasangan dominan. Dia telah mencoba untuk menemukan alasannya dari perilaku submisive. Oleh karena itu, penelitian ini juga bertujuan untuk menemukan hubungan antara perasaan jatuh cinta dengan perilaku submisif.

Kata kunci: *Submisif, BDSM, cinta, dominan, sadisme, masokis*

Abstract

Submissive is a passive behavior that is the opposite of dominance. In regards to BDSM (stands for bondage, domination/discipline, submission/sadism and, masochism), submissive can be interpreted as submission for sadism in sexual activities displayed by the dominant partner. The submissive behaviors were also depicted a novel written by E. L James entitled *Fifty Shades Of Gray*. This research adopted the theory of love by Jacques Lacan. This research revealed the reason behind Ana's submissive behaviors whether she did because of love or because of being manipulated. Thus, with help of the BDSM perspective, this research also showed the depiction of Ana's submissive behaviors. The brief introduction of this research was related to how the character named Ana in E. L James' *Fifty Shades of Gray* portrayed as a submissive woman who was willing to experience sexual sadism done by Christian as the dominant partner. She had been trying to find her reason of submissive behaviors. Therefore, this research is also aimed to find the link between feeling in love and submissive behaviors.

Keywords : *Submissive, BDSM, love, dominance, sadism, masochism*

INTRODUCTION

In a broad sense, submissive is passive behavior that tends to manipulate what is actually felt. Viewed from the perspective of BDSM, submissive is part of the acronym of sex violence. BDSM leads to bondage and discipline, dominance and submission, as well as sadism and masochism. BDSM cases are very sensitive because they are mostly talking about sex.

Submission is the opposite of dominant. Submission also includes submissive behavior. Submissive behavior is generally carried out as a strategy for survival by most living things (Gilbert, 2007).

BDSM is a result of kinky sexual fantasy which mostly occurs among couples. Love is one of the factors sexual activity occurs. Therefore according to theory of love proposed by Jacques Lacan Some real qualities of love are symbolic and imaginary. Symbolic

is indicated as an act that represents a feeling of love to someone. Whereas imaginaries as feelings of love are represented as actions that should be known by loved ones. It means that love is about give and take and understanding. This scenario also can be put into BDSM perspective for instance where the man in a relationship wants to express his love through displaying submissive traits towards the woman. The woman have tendency to not refuse the "BDSM" because she wants to be known that she loves him (Fink. & Bruce, 1995).

The behavior of submission is defined as a set of personality that raises a caring attitude to not offend or hurt other people's feelings, try to please others, tend to be kind, give too much. These people tend not to say "no", and more often say "yes" even if they don't want to. Usually submissive people have difficulty expressing something they don't like, having difficulty expressing their anger, constantly needing approval, being unable to maintain their thoughts or their own rights (Ozkan & Ozen, 2008, pp: 39-56).

Submissive behavior tends to accept the influence of external factors rather than internal factors. Limited behavior is reflected by submissive individuals such as awards, penalties, threats, learning from models, and imitations and submissive individuals tend to perform behaviors that they observe to others such as the cases of many others behavior. Submissive behavior starts when in a particular community. Submissive people who are seen from a community perspective, they tend to compare themselves with others and consider themselves inferior. They have more submissive behavior to others (Connan, 2007).

Submission and domination involve the exchange of power and control. Viewed from the perspective of the BDSM community, the characteristics of submissive behavior are those that fulfill the nature of submission. BDSM itself includes consensual use of physical or psychological stimulation. This is combined with erotization of pain and power with satisfaction fulfillment goals (Wiseman, 1996).

Therefore the writer chooses submissive behavior as the main topic. Through the novel *Fifty Shades of Grey*, which offers the approach of BDSM as leisure or the basis of consensual not as a disorder. *Fifty Shades of Grey* is a romance erotic novel and directed by E.L James. E.L James is a British author who was born on March 7, 1963. James is a television executive who began writing erotic stories inspired by *Twilight* and publishing them online. This novel was also appointed as a film and released on 13, 2015, by Universal Picture. Then *Fifty Shades of Grey* successfully became a box office film and became one of the most successful films with revenues reaching \$ 500 million. In 2015, *Fifty Shades of Grey* became the best-selling film this year. This film cannot be separated from the

erotic scene played by Dakota Johnson as Anastasia Steel and Jamie Dorman as Christian Grey. This novel tells the story of Anna being a sex dealing slave with Christian who has abnormalities in sexual activity.

Anastasia Steel is the female protagonist character in *Fifty Shades* trilogy. She is wilful and love relationship like usual, their relationship is not shared with shared mutual feelings but shared mutual benefits. The mutual benefits that Grey expects to get through both the sadistic sexual intercourse that is made by Christian Grey. And Anastasia approve that and considers that she is a submissive, or she can achieve sexual arousal through receiving pain. Their relationship is not used as a partner, but their relationship is just like that, but because of the party where Anastasia is proud to have sex with Grey who she admired. Anastasia wants to do anything Grey wants, it seems that Anastasia has true love toward Christian Grey.

The representation of submissive behavior on Anastasia Steel is as a submissive woman on her "mister". The part of the novel does not reflect that Anna was a submissive, but at the beginning of the novel she was a normal girl with inner beauty. This was realized when she received an enjoyment of experiencing pain while dominance was referenced to her. Even though she is a virgin, when "mister" asks for naughty sex with the approval of she admit it and sometimes says that it is sexy. Even though Anna's psychological aspect is good, while it seems that she is addicted to Christian. In other words, she is a submissive with sexual activity dominant from Christian. As what is done is subject to submission, Anna will say "yes" to agree to Christian sex games instead of refusing to say "no" (Ozkan & Ozen, 2008).

Several factors in the novel have indicated Anna as submissive. There are manipulation, ingratiated, hedge and hide, avoiding, weak, and selfish (<http://www.ebhermanconsulting.com>). This is kind a like Ana has indicated by all. Her love for Christian is also inseparable from her role as a submissive behavior. She is kindly love Christian even she knows Christian has unusual sexual activity and tend to sadism identification. Her love for Christian made her demand a more realistic relationship as a couple. Anna had a complicated relationship making her a masochist with Christian with untold story in his past. Although in the end Christian loves Anna, Anna increasingly proves that she is a real masochist through the wild sex she wants from Christian.

E.L James is a British writer born on March 7, 1963 in London. Her works by *Fifty Shades* trilogy which broke the record for selling the fastest novels in the world in history in the United Kingdom. *Fifty Shades of Grey*, *Fifty Shades of Darker*, and *Fifty Shades Freed* have reached 70 million copies

worldwide and 35 million copies in the United States in 2012, Time magazine named her one of the "World's 100 Most Influential People. Before that, she studied history at the University of Kent before taking a job as a studio assistant manager at the National Film and Television School in Beaconsfield, Buckinghamshire. While there, aspiring screenwriter Niall Leonard, and the two were married in 1987. James subsequently worked as a manager at the television production company Stars Shooting and as a production executive (<http://www.eljamesauthor.com/books/fifty-shades-of-grey/>).

James describes Fifty Shades trilogy as a romantic novel that is loved by people all over the world. Basically she is a fan of romantic novels and at least more than 700 novels she has collected. She did not argue that the Fifty Shade trilogy was inspired by Twilight's novel by Stephanie Mayer. According to her, novels that attract women and make them fall in love are fantasy novels full of fantasy. It's not free with a passionate love story with this naughty little sex that will become more interesting. It becomes more interesting with a man who is really handsome and has everything, she is sure that this is what many women dream of (https://fiftyshadesofgrey.fandom.com/wiki/Fiftyt_Shades_of_Grey).

The discussion of the study is focused in sexual submissive behavior depicted of Anastasia Steel in Fifty Shades of Grey which represented by her character. The analyzing of Annastasia's character uses BDSM approach and Jacques Lacan's love perspective in second problem. (prev studies).

This thesis is classified as new and fresh because many previous studies discussed Christian is the main character. This study focuses on Annastasia Steele depicted in Fifty Shades of Grey with the submissive behavior and love as a key factor doing sex with Christian. One theory that makes this thesis interesting is the practice of submissive behavior as desire consensual rather than pathology.

METHOD

This analysis is concerned with following problems; How is Anna's love as a key factor or a trigger of her submissive behavior with Christian depicted in Fifty Shades of Grey and how is Anna's submissive behavior depicted in Fifty Shades of Grey? The type of this research is qualitative because the data are collected qualitatively base on the theory of love by Jacques Lacan. The source of the data mainly from E.L James's Fifty Shades of Grey. From the source of the data, the researcher gains data in the form of text. The secondary data is taken from Jacques Lacan theory which is used as the reference theory of love. This theory is known in psychoanalysis as

transference love. Another secondary data comes from journal articles related to BDSM. The discourse of submissive behavior is add to comprehend E.L James's Fifty Shades of Grey. The researcher did a close-reading method to find the masochist identification and love motivation that discussed. Then, the researcher needs to underline the specific quotation as the evidence in the table to make it easy to analyze them. Later on, the researcher collect the data that suitable to be analyzed. After collecting the data, researcher fined any related sources to strengthen the arguments. Lastly, the thesis be written based on the data that has been compiled.

ANALYSIS

Love is A Key Factor Doing Sex

According to, Jacques Lacan love is interpreted as logical not because of something that is a false shadow. Some real qualities of love are symbolic and imaginary. Symbolic is indicated as an act that represents a feeling of love to someone. Whereas imaginaries as feelings of love are represented as actions that should be known by loved ones. All of these represented by Anna's main character who weird sexes because it is based on her love to Christian. Everything about Christian makes Anna fall in love with him with some actions that reflect that she really loves Christian.

The Submissive behavior Ana were triggered by her love for Christian. There are three kind the definition of love depends on views, love as real, love as imager, and love as symbolic.

In the novel, Anastasia was involved in a contract that she had not even signed. The contract involved consent about the dominant and submissive rules and hard limits that are desired or avoided from both parties. The reason why Anastasia has desire to get involved in the contract is perhaps she only wants to be with Christian and she tried change him normally. However, that is not that easy.

After her meeting with Christian, Ana began to be a little more curious about Christian. She wished to be with Christian. Ana realized that she had fallen in love with Christian. After knowing about Christian who turned out to be dominant partners who often showed his sadistic sex behavior, it did not make Ana surrender. As she said "*I want you to be damned delighted with me*" which means that Ana wantd Christian to love her by making Christian happy with her. *Love as real* is reflected from Anna's expression. She wanted to make Christian happy by being his submissive partner who early say yes to all Christian's

sedistic sex behaviour. Christian wanted Ana so much, her inner goddess glows so bright.

Reflections on Ana's feelings were also depicted when she was in confusion about Christian's desire to have kinky sex with her. Is he really love her or he just uses her for pleasure. However, Ana realized that Christian wanted her. Through a contract of consent, Ana was flattered to be wanted by a handsome rich man like Christian. Ana's expression implied in her mood *"My inner goddess glows so bright..."* which means the love that she feels is real however she started to question the true intention of Christian. For someone who interprets lust and love are separate things it will be very difficult to distinguish the true view of love. Being submissive is one of the "monsters" that exist to destroy the true meaning of love

In the beginning, Ana was really lulled by Christian's play. It seems like Ana has loved Christian so she even ran a contract she has not signed yet. In Ana's heart, she really wants Christian. Like a man who falls in love, Christian provides Ana's needs for which she cannot. This need turned out to be included in the list of dominant and submissive sex contracts made by Christian. When she says *"which in the spite of the car, the books, the soft limits ..."* which reflects love as real for Ana, by trying to give what is needed rather than saying love.

I stare down at my hands. What can I say that I haven't said already? I want more. I want him to stay because he wants to stay with me, not because I'm a blubbering mess, (James, 2011: 200).

In essence, something that is said to be love is the reciprocity of the subject to the other. In the sense of *love as imaginary* is how love acts as narcissism that arises in someone. Narcissistic as love arises when someone sees another who is judged the same as him or has something in common with him so that interest is followed. This was represented by Ana when she said *"I want him to stay because he wants to stay with me"* which means Ana and Christian actually need each other but different perceptions. Ana's perception was because she loved Christian, her submissive behavior emerged, while Christian saw Ana as a sexy object to be made submissive that is Christian is dominant.

"But last night, in the playroom, you... " He trails off. "I do it for you, Christian, because you need it. I don't. You didn't hurt me last night. (James, 2011: 348)

Love as imaginary is also represented by Ana when she revealed honestly *"I do it for you, Christian,*

because you need it. I don't" which means Ana had fulfilled Christian's needs as submissive for him. This is identified as Christian's narcissistic need. Ana sees it as a form of love from Christian. Ana's goal to be submissive is just to look the same or in the same direction as Christian. Ana is only to represent her love for Christian.

"But last night, in the playroom, you... " He trails off. "I do it for you, Christian, because you need it. I don't. You didn't hurt me last night. (James, 2011: 348)

In the name of love, many things must be taken into account, including the proof form of the word love itself. Love as symbolic is a manifestation of a form of love for someone. The above quotation represents Ana as the only one who sacrificed her ego for Christian, when she said *"I do it for you, Christian, because you need it. I don't. "* The definition of love is very clear from Ana by proving it. The proof is symbolized by her doing what Christian wants. In addition, Ana runs a consent contract as written in the contract. This is enough to prove the symbolism that Ana presented by becoming Christian's submissiveness.

"He won't want to be with me if I can't give him this. Why, why, why have I fallen in love with Fifty Shades? Why? Why can't I love José, or Paul Clayton, or someone like me?"(James, 2011: 351)

At the height of Ana and Christian's relationship, Ana realizes that she is wrong about Christian, she is wrong about everything. She realized that the pain she could not hold anymore. She began to question whether this was called love. Indeed, *love as imaginary* is about equality. She thought that she had loved Christian by saying *"Why can't I love José, or Paul Clayton, or someone like me?"* which means love will be in the air if both parties have similarities, similarity of views, similarity of personality, or even the same caste. This shows that love as narcissistic is where Ana and Christian's role should be the same in order to be reciprocal and she has regretted it.

"No." I frown staring at him. Of course not... I love you. "I'm not. I'm trying to protect myself," I whisper. Because you don't want me the way I want you.(James, 2011: 354)

The conclusion of Ana's feelings is she is in love with Christian. Ana just wanted Christian to understand that she did what Christian asked, including being submissive just because she was in love with him. Everything implies in his feelings when he says *"Because you don't want me the way I want you."* which revealed that Ana loved Christian and wanted him to be with her. Submissive behavior can be

very damaging and it is triggered by love which leads to sex activities which include violence or torture in the end however instead of getting rid of Christian, Ana knew that she wanted Christian to change. The main intention of Ana was to turn Christian to be a normal person. Ana's wish seems to break the role of the definition of *love as imaginary*, which Christian could have wanted for a woman who was as sick as him. But Ana was already within the limits. *Love as symbolic* represented by Ana to be submissive is over. In the other hand, love as imaginary with similarity, and continued with symbolic as a form of action.

Depiction of Submissive Behavior

The first problem is about submissive behavior. In here, it will discuss about the depiction of submissive behavior which includes reptilian brain, manipulation, ingratiate, hedge and hide, may react too late or avoid interacting at all, and mistrust self.

Anastasia Steele met Christian Gray when Anastasia was assigned to replace her friend Kate Kavanagh to interview Christian. After the meeting between Ana and Christian, Ana was very impressed with Christian's charm. Ana saw Christian Gray as a rich charming man, whoever would surely fall for him. Before Ana learned the secret from Christian, she saw Christian as a normal man.

As far as Ana's life, she was a virgin. Sex life for her was still a taboo thing. After her meeting with Christian who turned out to be a dominant person, her mirage changed. She knew Christian's secrets. Ana's interest in Christianity led her to break her virginity, which basically she knew that Christian was not bound by a relationship when having sex with women. The beginning of Ana's sex activities was introduced by Christian and pointed out that he was a dominant. When Christian asked "*Open your mouth,*" to suck his "thumb", she surprisingly realized the new thing and said that this was a wrong thing but she liked it. She realized something wrong but she hid the new thing. So here is Ana's *reptilian brain* working which is the tendency for submissive behavior. Reptilian brain or primal brain tends to design includes all the basic drives we have, but one of the most effective ways to target primal brains is to make new things look familiar. This was shown by Ana when she said "*... but holy hell is it erotic.*" which implies the new thing into an ordinary thing in erotic.

"The Submissive will obey any instructions given by the Dominant immediately without hesitation or reservation and in an expeditious manner. The Submissive will agree to any sexual activity deemed fit and pleasurable by the Dominant excepting those activities which are outlined in hard limits (Appendix 2). She

will do so eagerly and without hesitation." (James, 2011:117)

In short, Ana liked Christian, and Christian was not a man who did know the signs of a woman who felt in love with him. Finally, Christian and Ana realized from each other that they were both interested. Christian revealed to Ana that he was a sadist and wanted to have sex with Ana. Without clear consent, Ana obeyed Christian's wishes. They had sex and Christian began giving contracts or agreements in the form of written rules to Ana. In this case the submissive obey all of instructions given by the dominant which means that Ana as a submissive must obey Christian's wishes with conditions that have been agreed of course. After command like that, the other rule is the submissive will agree to any sexual activity, agrees or not, she had have sex before with Christian which means before the contract is handed over, Ana had fulfilled Christian's desire whatever type of sex. This means fulfilling Ana's requirements as submissive as *may react too late* that Christian is dominant and may regret it immediately. Christian wanted to chain Ana's hands, and Ana gave her right hand to Christian.

In every sex play, Ana always obeyed Christian's rules and she was able to be invited to have sex or even wild. In fact, Ana had not signed a contract, but Ana always wanted to be arranged by Christian. As in Christian's words when he asked Ana to chain her hands, and Ana obeyed what Christian wanted. A normal woman or an assertive or even aggressive women must have their own stand. As for the assertive, women will think twice about being asked to have sex, especially if they involve metal or copper objects such as chains, or if they are aggressive, they will exploit their men more fully. This qualifies that Ana is also an *ingratiate* submissive or wants to please her partner with her submitting to her dominant.

"I hadn't noticed is in his right hand. It happens so quickly that the surprise hardly registers. Even more astonishing – it doesn't hurt. Well, not much, just a slight ringing sting." (James, 2011:201)

After the sex chain game started, Ana felt new. Feel new in every step of the sex she felt with Christian. The chain that is so tightly bound and will know more about the pain he will receive. In the inner sentence she says "*it doesn't hurt. Well, not much,*" Ana plays a wild damn. She felt actually feeling sick, but dismissed it by replying "*not much*". She is well player to lie to herself that she can actually avoid it. Ana better hide her pain than to be honest with Christian. Well, Anastasia is a *hedge and hide's* submissive so that her dominant still stays with her statement that she ask to Christian to show her how much it can hurt, and she want more pain.

In Ana, she realized that there was something in her heart that she could still be with Christian. In her previous statement, she realized that the sex game arranged by Christian was painful, and indeed Christian's goal was to get pain from Ana. By faking all pain or being able to say something in the name of love, Ana has stood by her decision. As she asked Christian to punish her more. The intended sentence is something that will definitely hurt more than just ties and chains. On written contracts, Ana will get a punishment if she breaks the rules or reject the wishes of her dominant. The contract still hasn't been signed but Ana wants to try to see how far Christian will hurt her. Which means Ana has manipulated her identity or energy to her limits by wanting to try the punishment Christian intended. This is enough to prove Ana that *manipulation* as a part of submissive behavior revealed from Ana. The rules is the submissive accept all the dominant wants or submissive is the property of dominant.

One written rule that Ana must obey is to obey all Christian requests as her master or her dominant. Although not all rules must be fulfilled Ana and the rule is replaceable, Ana has not signed a contract. Indeed, Ana has not signed a contract, but Ana has fulfilled the first rule. This was seen when Ana was in a Christian sex game and asked her to make him as her master such like "Do you understand?" "Yes." "Yes, what?" and Ana answered "Yes, Sir." As written in the contract Christian wanted Ana to be passive and let him become master while Ana became his slave. The most basic characteristics of submissive behavior are submission and obedience to her master, and Ana's behavior clearly reflects that.

Further regulations are written that submissive roles must accept violence (except hard limits) from the dominant. As in the quotation above, Ana will receive a slap, a whip and so on. In games like in quotes, Christian hits Ana while she counts. Ana's statement is very clearly illustrated as submissive behavior when she does not reject the hit given by Christian and lets him continue. Ana describes the part of submissive behavior in *hedge and hide* which is more hiding the pain than having to be honest with her master like the sarcastic sentences which she says "Holy shit ... that smarts".

In the fourth hit, Ana strongly held back the pain that she received from Christian's hits. In the written rule it says "flogging" which means that anything used for flogging, including "belt" is regulated. The submissive behavior that is immediately visible from Ana's reaction to being whipped was when she said "I don't want to cry" which she kept hidden what she felt rather than having to be honest with her master. This behavior aims to appear not to disappoint and solely for the dominant pleasure in getting attention.

In the rule that has not been written yet, the dominance will guarantee and provide goods that are considered suitable for submissive and submissive use must be obedient to use them. In the quotation above, Ana got some new clothes from Christian. Previously Ana did not know why Christian behaved like an honorable master who had everything. After the rule was shown, everything was solved. This can be seen from the rule said "the Dominant sees fit" which means everything written is merely to please the Dominant. Ana was the submissive target that Christian and Ana wanted to have entered the submissive qualifications that Christian wanted.

"Rules: The Submissive shall take all measures necessary to maintain her good health and shall request or seek medical attention whenever it is needed,"(James, 2011:90)

During Ana did not approve the contract, she still calculated the limits she had. On the other hand, Ana consciously keeps the contract, one of which is written on consent. As in the quote above, Ana did exercise and it was only done after receiving the contract. So, it can be said Ana is looking to be in the contract even though she hasn't signed yet. As she said "I feel a little sore, if I'm honest," which means she has never done this activity and she *manipulates* herself by putting aside the pain just to accept the pleasure from her dominant, certainly not sure to do the same thing as he did.

After all the strange pleasures and violence having sex with Christian, Ana began to question her identity. An innocent woman, virgin, and had never even slept with any man, Ana began to question it all and measure and calculate, remembering the signs she might not have been aware of all this time. How can an Ana meet a handsome and rich man who can change his personality quickly or not even a year? As Ana said "Am I submissive?" and she answered doubtfully "Maybe I come across that way" which represented that maybe she began to recognize herself as a submissive person. Her behavior, which is easy to accept, whining and violence, begins to change her mind and spread everywhere. Something aroused memories when Ana remembered her roommate Kate like "I let Kate bully me" in her confusion over whether her submissiveness had been seen from when she was with Kate in the word shame and hiding it. In her denial and acknowledgment Ana still represents submissive behavior which she herself realizes often manipulates pain, shame and hide especially to her dominant.

Basically, submissive behavior tends to manipulate what he or she really wants. They tend to keep or hide their true feelings so that their master does not feel disappointed with him. Several factors can trigger submissive behavior as you feel. Her goddess

desire continued to want Christian by saying that she want Christian so much what Ana meant was wanting to be Christian, not a matter of torture or suffering. Occasionally, Ana remembers Christian's weird personality who likes sex hurt "... *the caning ...*" which means that the whipping may always be accepted by Ana, but she manipulates pain by saying she wants Christian. In other words, Ana's submissive behavior is immediately described by hiding the pain so that Christian is happy with her. When Ana get pain from Christian, deep inside her she want to beg him to stop, but Ana don't do that.

Christian games involving sex flogging and whipping have had begun and surprisingly Ana's inner goddess. Ana had already gone deep into Christian's wild sex life and slaves. Literally, dominant or sadist will feel satisfied when his submissiveness is hurt or feels pain. Christian's main goal was to inflict only pain to Ana. This had been well received by Ana when she held back and said "*I want to beg him to stop*" which actually she really wanted to stop Christian and asked to be a normal person or leave him. However, Ana knew Christian enough and honestly accepted the whining and revealed "*But I don't*" which meant she preferred to endure pain rather than pointing it to Christian. It has sufficiently represented submissive behavior into part *hedge and hide*.

"I'm so confused by my reaction. I remember him saying – I can't remember when – that I would feel so much better after a good hiding. How can that be so? I really don't get it." (James, 2011: 194)

After the great sex game and all the pain, she received, Ana began to realize what she always wanted to ask herself. About how she grew up after meeting Christian. He realized how she could accept all wired bondage, hard limits, and submissive roles from a man who was totally sadistic dominant. As Ana said see feel much better after hiding, which means that she is literally a good sense of submissive that is hiding. The word "*hiding*" is very meaningful in regard to the pain Ana is holding in order not to pissed Christian off that exactly what she wants him more, rather than avoiding the pain. After having sex Christian ask Ana what's she feels, that is hurt or not, and she said no and ask why she feels tired.

Ana finished having sex with Christian. The statement is implied when she says "*Why am I so tired?*" indicates that Ana's strength is not greater than Christian or can be compared to an assertive or aggressive. One of the characteristics of submissive behavior is that energy is too small, whatever energy is in the body or energy to be able to fight back. Ana's willingness to Christian because Ana is so weak towards Christian, Ana's desire to have him so bad.

CONCLUSION

The research has concluded that "love" became the key factor of the intimate relationship that includes sex where the urge of getting recognized can drive a couple willing to do anything their partners suggest including submissive behavior. All of these represented by Anna's main character who was willing to experience weird sexes because it was based on her love to Christian. According to, Jacques Lacan love is interpreted as logical not because of something that is a false shadow. Some real qualities of love are symbolic and imaginary. Symbolic is indicated as an act that represents a feeling of love to someone. Whereas imaginaries as feelings of love are represented as actions that should be known by loved ones. Everything about Christian made Anna fall in love with him with some actions that reflect that she really loved Christian. Including his sexual domination although in the end, he realized that Ana wanted him to stop his sexual kinkiness as she starts questioning if he loves or her or sees her as his sex object. However, eventually Anna proved that she loved Christian for who he was including his sexual kinkiness and she patiently believed that he could get rid of it in the future.

The depiction of submissive behavior. In E. L. James' *Fifty Shades of Grey*, reflected submissive behavior approach which is part of the BDSM community included in the submission. Indeed, in the submission the features include submissive behavior that can be linked in the scope of abnormal sex. Submissive behavior that is within the scope of BDSM is not included in pathology but in consensual. This is because BDSM is one style of sexual intercourse. Submissive behavior was reflected by Anna as a submissive female protagonist who dealt with Christian Gray as her dominant partner. Ana realized that she had to be submissive when when she was tempted by Christian's sadistic desire of sex. This occurred when some submissive behavior featured of Ana's revealed in the novel in which included obedience, submission, and lying. All those submissive behaviors were reflected during their the sadistic sex or playing wild sex games.

E.L James' *Fifty Shades of Grey* has represented a submissive behavior approach as a novelty in analyzing the main character, Ana. Submissive behavior dealt with Ana characters who was represented as an innocent girl who became a sex slave of Christian. This was done because the main character, Ana had a feeling of love that she had to obey everything Christian wanted. From Ana's behavior, the writer agreed to choose the submissive approach to behavior as the main topic. Furthermore,

love as a key factor was the second supporting factor that reinforced the first problem.

Furthermore, for future research, E.L James has the trilogy of *Fifty Shades*, there are *Fifty Shades Darker* and *Fifty Shade Freed*, which have many important values to analyze. It is suggested to another researcher to look at dominant behavior in Christian through BDSM aspects and what are the principles as the consequences. It is also suggested for future researchers to look for other novels with the same themes and / or the same knowledge of BDSM as experienced by a sadist or masochist.

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<http://www.ebhermanconsulting.com/beth@ebhermanconsulting.com>